

Sermon: Blessed by our faithful and just God.
Series: *The Blessed Life*.

Scripture: Psalm 146.
Date: August 30, 2026

OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1. What does this passage teach us about us?

- a) Consider v. 1-2. In what way is praise part of your regular rhythm of life? In what ways do you talk to your own soul about praising God (v.1b)?
- b) V.3. What are the “princes/princesses” that you tend to put your trust in ahead of trusting God? Remember, a “prince” is someone who is powerful, influential, and/or impressive.

2. What does this passage teach us about God?

- a) Re-read the description of our God in verses 5-9. What stands out to you, surprises you, or encourages you from this description of God?
- b) Verse 5 describes God as our help and our hope. Is there a specific situation that you are facing where you need to trust God to be your help and hope? How might you actively run to God for help and hope today (consider Heb. 4:14-16)?

3. What does this passage teach us about grace/salvation? How does it point to Christ?

- a) Read Luke 4:16-21. Compare this scripture with Psalm 146:7-9. In what way does Jesus fulfill Psalm 146 for us, especially spiritually through his cross?
- b) Psalm 146:9 says that God brings the wicked to ruin. Verse 8 says that God lifts up the humble and loves the righteous. How does the cross of Christ allow God to do both of these things (punish the wicked and love the righteous) through Jesus? What does this truth mean for us?

APPLICATION

- a) Psalm 146 describes God as a God of justice (giving people their due: the wicked and the oppressed). Are there any areas of injustice in your walk of life (work, community, family, church, etc.) that you could be used by God to bring righteousness to? (For example: a widow in need that is not being helped)
- b) The psalm ends with the words, “The Lord will reign forever.” How does believing this truth more and more cause us to be more and more blessed in our life with Christ?

PRAYER

- Praise God for being our creator and the one who will always bring justice to our lives.
- Confess the ways that you have trusted in princes over trusting in God.
- Thank Jesus for bearing the weight of God’s justice in our place (he bore the “ruin of the wicked” v.9).
- Ask the Holy Spirit to bring you to a place of complete trust in the help and hope of God.