

**Sermon: Is God Enough?**  
**Series: *Psalms of Ascent.***

**Scripture: Psalm 130-131.**  
**Date: August 10, 2025**

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**OBSERVATION** -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

**INTERPRETATION** -- Answer these questions together:

**1. What does this passage teach us about us?**

- a) Psalm 130:1-3 demonstrates the self-awareness of the singer. They are aware of their sinfulness and their need of mercy. How self-aware are you, especially as it relates to these two realities – your sinfulness and your neediness?
- b) Golden distinguished between a desire for rescue and a desire for the Rescuer. Can you recognize times that you have wanted God's rescue without wanting God? If you have time, consider Exodus 33:1-6 & 12-23. God offered Moses the Promised Land but without himself being there. How did Moses respond? How did God respond to Moses?

**1. What does this passage teach us about God?**

- a) Psalm 130:4a. "But with [God] there is forgiveness." How easy or difficult is it for you to embrace God's complete forgiveness of your sins?
- b) Psalm 130:4b. "that you may be feared." Forgiveness is not the end goal – reverential awe and wonder is; turning our longings toward God. Can you see how God's mercy and forgiveness is making you reverence him more and more (rather than sin more and more)?

**3. What does this passage teach us about grace/salvation? How does it point to Christ?**

- a) How does 130:7-8 point us forward to Christ and the cross (notice the future tense)? How did Jesus deal with the human condition as stated in 130:3? Read Romans 5:6-8.

**APPLICATION**

- a) Have you/Are you feeling stuck in your spiritual growth? Is forgiveness a concept to you more than a reality? Are you wondering what's next or feeling bored in your walk? In what way is this dissatisfaction a gift from God? Are you allowing it to drive you toward Christ? In what ways?
- b) How do we turn our longings into satisfaction? 1) We wait for the Lord through his word (130:5-6); 2) We quiet our souls (131:2); 3) We hope (131:3) – we trust that our heart will get what it ultimately wants.

Which of these stands out to you? How can you put it into practice this week?

**PRAYER**

- Praise God for his mercy and forgiveness.
- Confess ways that you have "feared" things other than God alone.
- Thank Jesus for "redeeming us from all our iniquities."
- Ask the Holy Spirit to help you to wait for the Lord, quiet your soul, and hope in God.