

Sermon: The Lord is Your Keeper.
Series: Psalms of Ascent.

Scripture: Psalm 121.
Date: July 6, 2025

OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1. What does this passage teach us about us?

- a) Do you see yourself as a pilgrim on a journey to your destination with God?
- b) What would you say are the main dangers for you on your life journey? (Think about the dangers in the “hills” – thieves and false gods)

2. What does this passage teach us about God?

- a) Go through Psalm 121 and together, list the attributes of God that are described. Which one(s) stand out to you and give you comfort?
- b) Read Deuteronomy 31:6. Psalm 121 is rooted in the covenant promise found in Deuteronomy – God will never leave us. What covenant promises has God made to us that we can count on as we travel on our journey to Heaven?

3. What does this passage teach us about grace/salvation? How does it point to Christ?

- a) Read Hebrews 2:10. The writer calls Jesus the “pioneer” (ESV says “author”) of our salvation. In what way does Jesus fulfill Psalm 121 as the perfect pioneer? In what ways has Jesus paved the way for us to Heaven (think about obstacles removed, marking the path of life, guidance, etc.)?
- b) Read Psalm 121:7-8 again. How do these verses point to the promise of eternal life? How would you explain the idea of God keeping us from “all evil?” How does Jesus inform this promise?

APPLICATION

- a) As you journey through life toward God, what will it look like to let Jesus “keep/protect/guard” you along the way? What might fully resting in his protection look like?
- b) Read Romans 8:31-38. What personal fears or doubts do you need to confront with the promises of Romans 8?

PRAYER

- Praise God for being our keeper through all times and in all places.
- Confess ways that you have “looked to the hills” rather than looking to the Lord, the maker of all things.
- Thank Jesus for being the perfect pilgrim and our trailblazer to God.
- Ask the Holy Spirit to help you to rest in the presence and protection of God’s love.