Sermon: Training in GodlinessScripture: 1 Timothy 4:1-10.Series: Growing in Grace.Date: January 15, 2023

OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1. What does this passage teach us about us?

- a) Paul tells Timothy to train for godliness. What types of training have you undergone in your life? What training have you done that you truly value?
- b) Are you actively training your body in any way physically? Are you actively engaging in any spiritual training (daily devotions, Bible reading, prayer time with family, etc.)?

2. What does this passage teach us about God?

a) How is God described in verse 10? How might this description of God be connected to our personal godliness (Or what is the connection between your "hope" and your "striving" for "godliness")?

3. What does this passage teach us about grace/salvation? How does it point to Christ?

- a) Read 1 Timothy 3:14-16. In Paul's day the word "godly" was like saying "religious" today. For most people the "mystery of godliness" would mean gaining secret knowledge from whatever deity you worshipped. But how does Paul explain the "mystery of godliness" to Timothy? How is this definition of godliness very different from "secret knowledge" or even religion?
- b) What aspects of Christ's life and ministry can you identify in 3:16? Why is it so important that our godliness be connected to the life and work of Christ? How does this make our godliness about faith and not works?

APPLICATION

a) Read 2 Timothy 3:5. Paul warns Timothy about "appearances of godliness." Can you identify any appearances (or forms) of godliness in your own life? Especially those that aren't rooted in faith in Christ? How can you make sure that your training in godliness does not become a mere "appearance of godliness?"

FIGHTER VERSES: Psalm 119:33-36.

PRAYER

- Thank God for being the "savior of all, especially of those who believe."
- Confess ways that you have embraced appearances of godliness that aren't rooted in faith in Christ.
- Thank Jesus for being your godliness.
- Ask God to help you train your life in godliness by faith in Christ's finished work.