

**Sermon:** Calm and Confidence In All Circumstances.  
**Series:** *Psalms of Hope and Encouragement.*

**Scripture:** Psalm 34.  
**Date:** May 8, 2022

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**OBSERVATION** -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

**INTERPRETATION** -- Answer these questions together:

**1. What does this passage teach us about us?**

a) Remember, David wrote this psalm from a difficult time, but also from a position of covenant anointing and the promise of a kingdom from God. How does his experience correspond to our own experience in Christ?

b) Even though he was in crisis, David did not lose hope. Have you ever lost hope? Have you placed your hope in something lesser than God/Christ?

**2. What does this passage teach us about God?**

a) Read through 19-22. In the sermon we said that God is our deliverer, avenger, redeemer, and refuge. Which of these do you need God to be for you today? How does the cross of Christ assure you that God will be this for you?

**3. What does this passage teach us about grace/salvation? How does it point to Christ?**

a) How does Psalm 34:22 point to our salvation in Christ? Compare Psalm 34:19-22 to Romans 7:24-8:2. What did Paul cry out for? What was he delivered from? Is Psalm 34:22 and Romans 8:1 true of you?

**APPLICATION**

a) When you know that you are in Christ and living in the hope of deliverance it will allow you to: Praise God (v.1-3), Seek God (v4-7), Experience God's goodness (V.8), Fear God (v.9), Do good (v.14).

What is a commitment you can make this week in one of these areas? How can we pray for you in one of these areas?

**FIGHTER VERSES: Psalm 121.**

**PRAYER**

- Praise God for hearing your cry for salvation.
- Confess ways that you have lost hope and tried to replace hope in God with a lesser hope.
- Thank Jesus for being your Passover Lamb that redeems and delivers you.
- Ask God to help you live daily within the hope of your deliverance in Christ.