OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1) What does this passage teach us about God?

a) What do we learn about the Trinity from this passage (especially v.27)? Specifically, what do we learn about the Trinity from Jesus' invitation (v. 28-29)?

2) What does this passage teach us about us?

a) In verse 25 Jesus speaks of child-like wisdom. Why is child-like wisdom necessary for saving faith in Christ?

b) Have you come to Jesus? Are you yoked to Jesus? Explain your answer.

3) What does this passage teach us about grace/salvation? How does it point to Christ?

a) Do you see Jesus as gentle and lowly or harsh and distant? What does it mean to you personally that Jesus is gentle and lowly?

b) Where in your life do you desire rest? How has Jesus brought rest to your life? Can you think of specific areas of your life where you are learning to find rest for your soul in Jesus Christ?

APPLICATION

a) Where do you find yourself being more gentle and lowly like Jesus? Where could you be more gentle and lowly like Jesus? (Look at Eph. 4:2; Col. 3;12; Phil. 2:3; Titus 3:1-5)

b) Jesus said "learn from me." What has Jesus been teaching you lately?

FIGHTER VERSES: Matthew 28:18-20.

PRAYER

- Praise God for his gentle and lowly heart and his invitation to rest.
- Repent of anything that you have yoked your life to that isn't Jesus.
- Ask God to help you be gentle and lowly as Jesus is gentle and lowly with you.