

Sermon: Fighting Worry, Trusting Our Father
Series: *Turning the World Upside Down*

Scripture: Matt. 6:25-34
Date: July 5, 2020

OBSERVATION -- As a group, talk through and summarize the passage. Think through *Who, What, Where, When, How, Why* questions together.

INTERPRETATION -- Answer these questions together:

1) What does this passage teach us about God?

a) What stands out to you about God from this passage?

2) What does this passage teach us about us (mankind)?

a) Think about something that you've been worrying about lately. Which of these seven questions can help you confront your worry and turn your trust toward God?

1. Am I allowing worry to have control of my life? (v.25)
2. Am I forgetting God's love for me? (v.26)
3. Do I think worry can add value to my life? (v.27)
4. Am I starting to doubt God's character? (v.28-30)
5. Am I convinced that God knows what I need (v.31-32)
6. What needs to change for me to seek God's kingdom first? (v.33)
7. Do I believe that new troubles will be met with new mercies? (v.34)

3) What does this passage teach us about grace/salvation? How does it point to Christ?

a) How did Jesus live out this passage perfectly for us? How has his cross already provided all that we need, thus removing our need to worry?

APPLICATION

a) Jesus is inviting us to surrender to God and his sovereignty. What might that look like for you this upcoming week? Be specific.

PRAYER

Praise God for his care and control in all things, especially through the gospel of Jesus.

Confess ways that you have worried or held on to sinful anxiety.

Ask God to remind you of his peace in times of anxiety.