# **Notes from Today's Lesson:**

# Facing Our Fears: Fear of Loneliness

- 1. 1 Kings 19:1-3 Elijah was afraid of the queen and ran for his life.
- 2. 1 Kings 19:4-6 Elijah wanted to give up on living, but God sent an angel to care for him.
- 3. 1 Kings 19\_9-10 Elijah tells God about his fears and that he feels completely alone.
- 4. 1 Kings 19:11-13 God shows Elijah that he is not alone and blesses Elijah with His presence.
- 5. 1 Kings 19:15-18 God tells Elijah that he is not alone and lets him know many will stand with him.
- 6. Ephesians 4:4-6 We have one God, one hope, and one body of believers so we are not alone.
- 7. Ephesians 4:11-16 We are called to come, grow, and work together as one body of Jesus Christ.

# **Devotional #1: Honoring and Obeying Your Parents**

Read Ephesians 6:1-3

What are children commanded to do in this passage?

Doing good and being obedient doesn't save you from the guilt and penalty of sin. Jesus did that on the cross. So why should you obey your parents?

What do you think true and complete obedience looks like?

Ask your parents what they think true and complete obedience looks like.

How can you honor your mother?

# Devotional #2: Mom's Work Hard

Read Proverbs 31:10-28

What words could you use to describe the mother in this passage?

What positive words could you use to describe your mother?

Take time now to pray and thank God for your mom.

#### **Grace Kids Devotional:**

This is an opportunity for you to go home and continue to learn about the lesson taught in Children's Church. The three devotionals are designed to connect to this week's lesson.

### The Challenge:

Complete all three devotionals either as a family or by yourself. If you are by yourself, you will need to write down your answers to verify you did the devotional.

Have your parent or guardian sign below, verifying you completed each devotional. Each devotional is to be done on a separate date (for example, Monday, Thursday, and Saturday).

#### The Reward:

Return this portion of your notes to Children's Church on the following Sunday and you will receive one Grace Buck per devotional (so you can earn up to 3 Grace Bucks for doing all three)

(Week of May 10)

Name:
Devotional #1
Date:
Parent/Guardian Signature
Devotional #2
Date:
Parent/Guardian Signature
Devotional #3
Date:
Parent/Guardian Signature

Devotional #	₹.

# **Godly Moms Are Beautiful**

Read Proverbs 31:29-31

What are valued character qualities of a mom found in this passage?

Why is it best to have a mom who fears (respects) God?

Take time now to pray for your mom to continue to grow in her relationship with God and for you to learn from her godly example.

Name:	Date:





Facing Our Fears: Fear of Loneliness 1 Kings 19:1-18; Ephesians 4:4-16

1.	2.
3.	4.
5.	6.
7.	