

- **I Peter 3:17** “For it is better, if God should will it so, that you suffer for doing what is right rather than for doing what is wrong” **The family is the most immediate context where sufferers (care receivers) and care givers exist. In each family, there are care givers and care receivers, and the roles are not exclusive. We generally think of a sufferer of a mood disorder as a care receiver, and the care giver as the individual in the family who is most affected, or the one who looks out for the care receiver. But a sufferer of a mood disorder also takes on the role of a care giver, even if it is not related to the mood disorder.**
- **Matthew 10: 7-8** “And as you go, preach, saying, ‘The kingdom of heaven is at hand.’ Heal *the* sick, raise *the* dead, cleanse *the* lepers, cast out demons. Freely you received, freely give.” **This passage is clearly about preaching and healing, both understood as a blessing. If you think of a mood disorder as a blessing (which you received), then you can be a care giver to others (be a blessing to others).**

**Q1. How do you suffer mood disorders as a care receiver? How is patience shown as a care receiver?**

**Q2. How do you suffer mood disorders as a care giver? How is patience shown as a care giver?**

- **Job 1: 6-22** “Now there was a man... And the Lord said to Satan ‘Have you considered My servant Job? For there is no one like him on the earth, a blameless and upright man, fearing God and turning away from evil.’ Then Satan answered Does Job fear God for nothing?... But put forth Thy hand now and touch all that he has; he will surely curse Thee to Thy face.” **This passage teaches that the actual source of human suffering is the devil desiring that we curse God. On this first round, the devil attacked Job in his possessions. But in the second round, Satan attacked a more intimate aspect of Job, as he attacked his health.**

**Q3. How does suffering mood disorders affect your possessions (as a care receiver or as care giver)?**

- **Job 2: 1-10** “Again there was a day... And the Lord said to Satan ‘Have you considered My servant Job?...And Satan answer the Lord and said, ‘Skin for skin! Yes, all that a man has shall he give for his life... “However; put forth Thy hand now and touch his bone and his flesh; he will surely curse Thee to Thy face... But he said to her, ‘You speak as one of the foolish women speaks. Shall we indeed accept good from God and not accept adversity? In all this Job did not sin with his lips” **This passage teaches that Satan increases suffering by touching God’s children’s health in addition to possessions. On this second round, the devil attacked Job in his health. It is more difficult to accept health suffering than possession suffering, but the Christian should accept it to prove Satan wrong, and glorify God.**

**Q4. How is health-suffering greater than possession suffering for the care receiver?**

**Q5. How is health-suffering greater than possession suffering for the care giver?**

- **Matthew 9:11-12** “When the Pharisees saw *this*, they said to His disciples, “Why is your Teacher eating with the tax collectors and sinners?” But when Jesus heard *this*, He said, “*It is* not those who are healthy who need a physician, but those who are sick” **In this passage, Jesus is talking about healing sin, but it is also noteworthy that Jesus does not condemn the believer from seeking the help of a Physician (a Doctor) when suffering sickness (to include mood disorders).**

**Q6. How does seeking a Psychiatrist help the care receiver?**

**Q7. How does seeking a Psychiatrist help the care giver?**

## Prayer Requests

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## Mood Disorders Share & Prayer Support Group

### Christian Family Support in the Context of Mood Disorders

**Our mission** – Glorify God by serving those who suffer from a mood disorder and those who care for them

II Corinthians 1:3-4

“Blessed *be* the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, <sup>4</sup>who comforts us in all our affliction so that we will be able to comfort those who are in <sup>[a]</sup>any affliction with the comfort with which we ourselves are comforted by God”

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