

**I Peter 3:17** “For it is better, if God should will it so, that you suffer for doing what is right rather than for doing what is wrong” **As it applies to mood disorders, there is nothing morally, spiritually, or otherwise wrong in suffering from a mood disorder. The right thing to do with mood-disorder suffering is to accept it from God, and bless others by the way you learn to live with it.**

**I Peter 1:20-22** “For what credit is there if, when you sin and are harshly treated, you endure it with patience? But if when you do what is right and suffer *for it* you patiently endure it, this *finds* favor with God. For you have been called for this purpose, since Christ also suffered for you, leaving you an example for you to follow in His steps” **Suffering the effects of a mood disorder may help you find favor with God, if you suffer its effects with patience.**

**Q1. How do you suffer from a mood disorder? How do you show patience as a care receiver? Do you feel good about your response to suffering?**

**Q2. How do you suffer as a care giver? How do you show patience? Do you feel good about your response to the suffering of your loved one?**

**Job 1: 6-22** And the Lord said to Satan “Have you considered My servant Job? For there is no one like him on the earth, a blameless and upright man, fearing God and turning away from evil.” Then Satan answered, “Does Job fear God for nothing?... But put forth Your hand now and touch all that he has; he will surely curse You to Your face.” **These verses teach that the actual source of human suffering is the devil desiring that we curse God. In this first round, the devil attacked Job by taking away his possessions and loved ones.**

**Q3. Has your suffering (as a care receiver or as care giver) caused any losses of possessions or finances?**

**Job 2: 1-10** “Again there was a day...And the Lord said to Satan ‘Have you considered My servant Job?...And Satan answer the Lord and said, ‘Skin for skin! Yes, all that a man has shall he give for his life... ‘However; put forth Your hand now and touch his bone and his flesh; he will surely curse Thee to Thy face.... Shall we indeed accept good from God and not accept adversity? In all this Job did not sin with his lips”

**These verses teach that Satan increases suffering by touching God’s children’s health. In this second round, the devil took Job’s health. It is more difficult to accept losing health than losing possessions, but the Christian should accept it to prove Satan wrong, and glorify God.**

**Q4. How is health-suffering greater than possession suffering for the care receiver?**

**Q5. How is health-suffering greater than possession-suffering for the care giver?**

**I Corinthians 12: 24-26**” But God has so composed the body, giving more abundant honor to that *member* which lacked, so that there may be no division in the body, but *that* the members may have the same care for one another. And **if one member suffers, all the members suffer with it**; if *one* member is honored, all the members rejoice with it.” Scripture clearly indicates that if one of us (care giver or care receiver) suffers, than all others also suffer.

**Q6. How does sharing relate to suffering as care givers and care receivers?**

**Prayer Requests**

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**Mood Disorder Share & Prayer Support Group**

**Suffering**

**Our Mission** – Glorify God by serving those who suffer from a mood disorder and those who care for them

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A ministry of Grace Baptist Church, Bowie MD  
Childcare available at no cost from 7:00-8:30 Tuesdays  
[www.gbcbowie.org](http://www.gbcbowie.org)